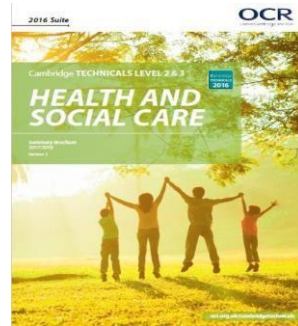


# NOA Sixth Form



## Level 3 Cambridge Technical Extended Certificate in Health and Social Care.

### Bridging Work 2024

To support you in your transition into sixth form and onto the Level 3 HSC course, it is important you are prepared for this transition. Bridging work will help prepare you for the start of sixth form and allow you to see what this work may be like.

All work will need to be handed into teachers in your **first lesson** in September. If you have any questions regarding the work, please email the teacher below.

**Mrs Bannister**

[Kathryn.Bannister@northoxfordshire-academy.org](mailto:Kathryn.Bannister@northoxfordshire-academy.org)

Name: \_\_\_\_\_



# What will I be studying in the first year?

This course allows you an insight in the many roles available within health and social care from nurses to social workers to child care assistants and beyond they have many key features that we shall explore and apply. You will be studying a range of units which will help you to gain skills that will be valuable in your chosen profession or future study. You will learn about the human body and mind alongside the changes across time. You will learn what it means to work in the sector and what skills and behaviours you will need to develop. We will study the following units;

## Unit one, ***Building Positive Relationships in Health and Social Care.***

- Understanding the many different relationships within the Health and Social Care sector, whether with colleagues, senior members of staff, other professionals within the sector and individuals who require care and support.
- Applying communication and relationship building skills in a practical way, considering how different factors, including context, can impact on the building of positive relationships.
- Understanding the concept of the person-centred approach which will help with your relationship building skills.

How you will be assessed: by a series of assignments set at school. You will need to check that your work first meets all the pass criteria before moving on to merit and then finally distinction criteria.

## Unit two, ***Equality, Diversity and Rights in Health and Social Care.***

- Understanding the implications of diversity on practice and also the effects of discriminatory practice on individuals who require care or support.
- Gaining an appreciation of how legislation and national initiatives can support anti-discriminatory practice.
- Examining strategies used to promote equality, respect diversity and support individuals' rights.
- Developing the ability to recognise both good practice, and discriminatory practice in care situations. Using judgement and decision making skills to choose appropriate responses to care situations and to determine a course of action to promote the equality, diversity and rights of individuals in care settings.
- How you will be assessed: this is a paper based exam, that lasts for 1 hour 30 minutes and worth 60 marks.

## Unit three, ***Health, Safety and Security in Health and Social Care.***

- Acquiring the necessary knowledge and skills to equip you in maintaining a safe working environment for yourself, your colleagues and individuals who require care and support.
- Learning how legislation, policies and procedures work to reduce risks in health and social care and the consequences of not following them.
- Learning how to respond to different incidents and emergencies within health and social care settings.
- How you will be assessed: this is a paper based exam, that lasts for 1 hour 30 minutes and worth 60 marks.

# Health and Social Care in the Media



It is important to make the public realise about the issues which are prevailing in

society relating to health and social care. One way in which public awareness is raised about health and social care in general and issues that exist within the health and social care sector is through the media. Your task is to pick x1 Film x1 Book or x2 Documentaries.


You will then be asked to write an essay with the following title: **'Discuss the portrayal of Health and Social Care within the media'**

Consider the following:

- What issues, if any, are being raised in the stimulus?
- How does the stimulus present H&SC? Is the stimulus informative/helpful and why?
- Are there any quotes/scenes etc that stand out to you and why?
- How effective is the stimulus in raising public awareness about H&SC/Issues?

# GLOSSARY

**Task:** Research and define the following words which are central to the core units. Then, draw a symbol to summarise the term and help you remember it.

Term	Definition	Symbol
Adolescence	An important status change following the onset of puberty during which a young person develops from a child into a adult.	
Advocate		
Attachment		
Care package		
Clinical Commissioning Groups (CCGs)		
Development		
Discrimination		
Diversity		
Empathy		
Ethical		4



# GLOSSARY

Term	Definition	Symbol
Fine Motor Skills		
Growth		
Holistic Approach		
Milestone		
Nature		
Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		5



Research a list of Health and Social Care jobs/ and medical terms for each letter of the alphabet. Write them below.

a	b	c	d	e	f	g	h	i
---	---	---	---	---	---	---	---	---

j	k	l	m	n	o	p	q	r
---	---	---	---	---	---	---	---	---

s	t	u	v	w	x	y	z	
---	---	---	---	---	---	---	---	--

## Research task



Choose a professional from the following:

- Midwife
- Paramedic
- Paediatric nurse
  - Nutritionist
- Physiotherapist

You could choose your own idea from health and social care roles if you prefer.

Create a fact file for your chosen job role

You could include:

- A day in the life of.....
- General roles and responsibilities
- Routes into the role/ qualifications required
  - Skills & qualities
  - Average pay
  - Where they work
  - Who they work with

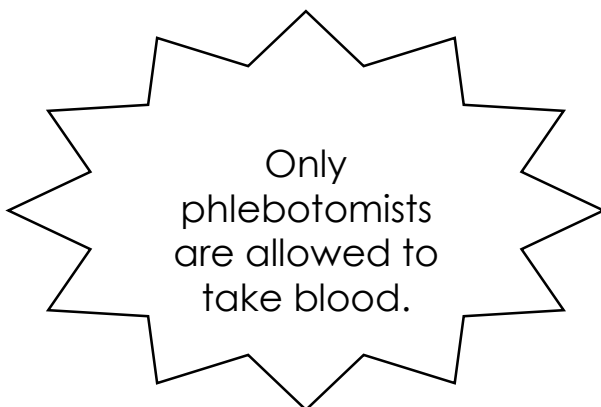
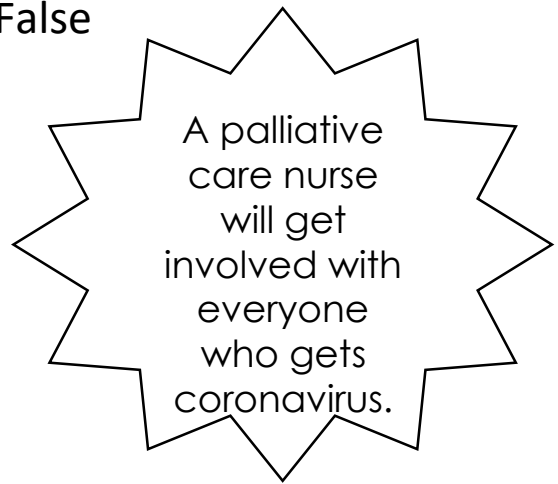
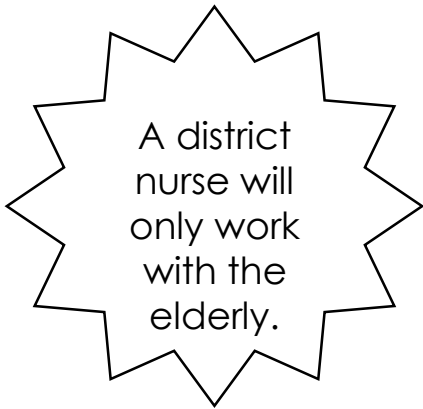
And anything else you think may be suitable

## True or False?

Colour code the statements in order to show if they are true or false.

True

False





## Unit 2

Write a definition of;

<b>Equality</b>	
<b>Diversity</b>	
<b>Empowerment</b>	

Research and make notes on the following services/support groups;

1. Who do they help?
2. How can they support them?

SEAP

MIND

AGE UK

MENCAP

EMPOWERME

HEADWAY

Abuse can happen when care is not effective.

<b>Abuse</b>	<b>Explanation and how it might occur in range of settings</b>
<b>Physical</b>	
<b>Verbal</b>	
<b>Psychological</b>	
<b>Sexual</b>	
<b>Neglect</b>	

<b>Legislation</b>	<b>Key aspects</b>
Care Act 2014	
Mental Capacity Act 2005	
Human Rights Act 1998	
Children and Families Act 2014	
Data Protection Act 1998 (GDPR - 2018)	
The Equality Act 2010	
Children Act 2004	
Health and Social Care Act	

