

# Read a Rainbow



- Inspired by the rainbow motif as a symbol of hope, thanks, love, pride and solidarity, this summer we are inviting all NOA students to 'Read a Rainbow'.
- Each colour of the rainbow has its own reading challenge for you to complete.
- As you read the rainbow, simply log your completed challenges on your own rainbow or, if you want to create a lasting memory of your reading, create a digital or paper scrapbook of your reading rainbow.
- In the first week back at school in September, hand your completed rainbow log or scrapbook into your tutor or Ms. Tribe (NOA'S Literacy Lead) in the English office to receive a reward and entry into a grand prize draw.

# Read a Rainbow Reading Log

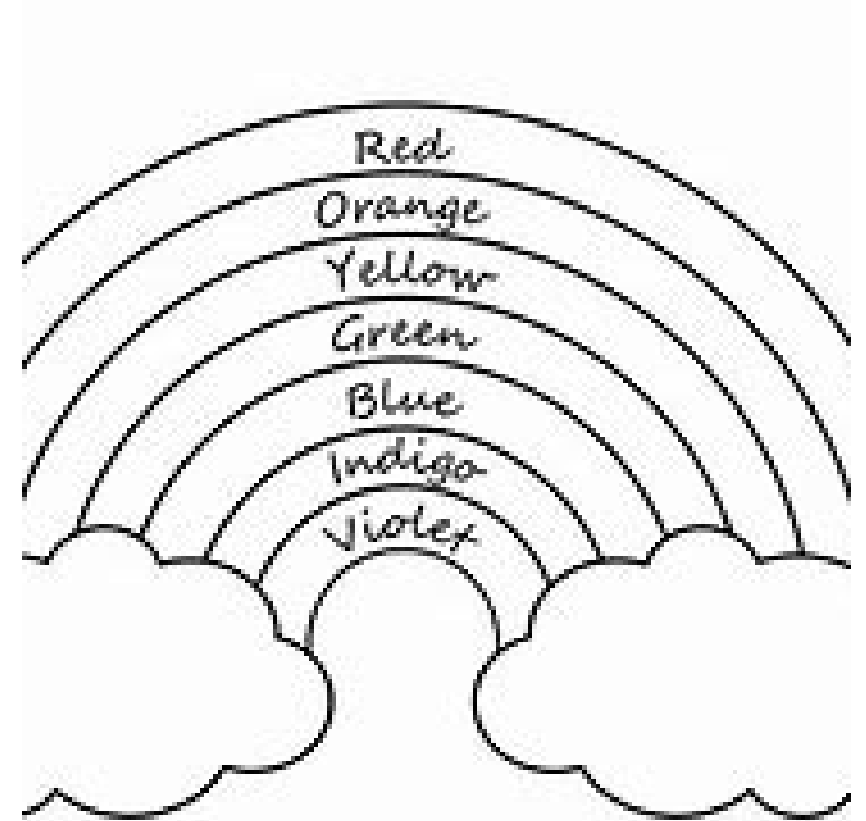
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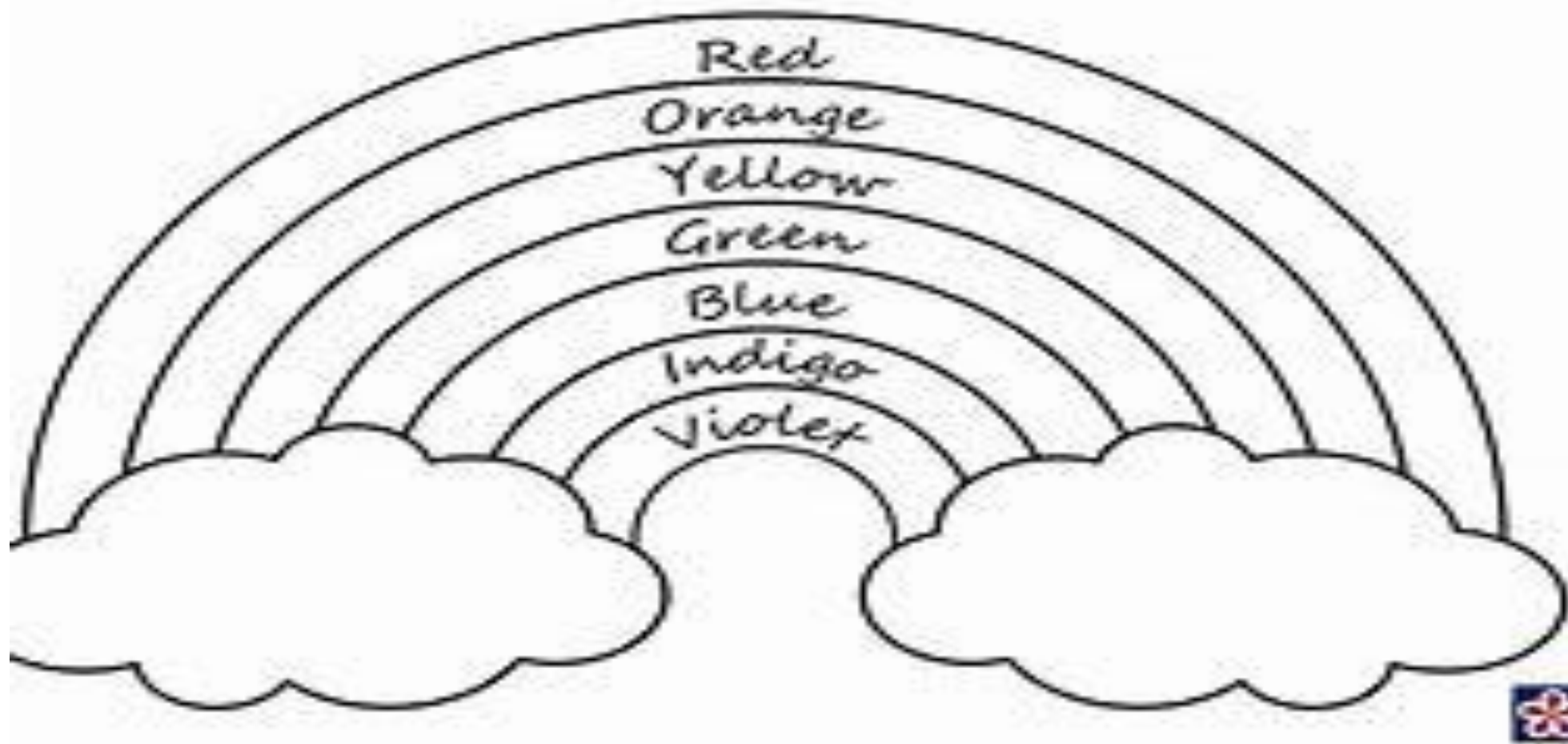
As you read the rainbow, simply log your completed challenges on your own rainbow or, if you want to create a lasting memory of your reading, create a digital or paper scrapbook of your reading rainbow.

Make sure you record:

- The reading you did (title/author)
- The date you completed it
- Your thoughts on your reading
- Write your name, year group and tutor on your log.

There is a narrated powerpoint on the Transition Pages of the Website that you can use also.





Red

Orange

Yellow

Green

Blue

Indigo

Violet



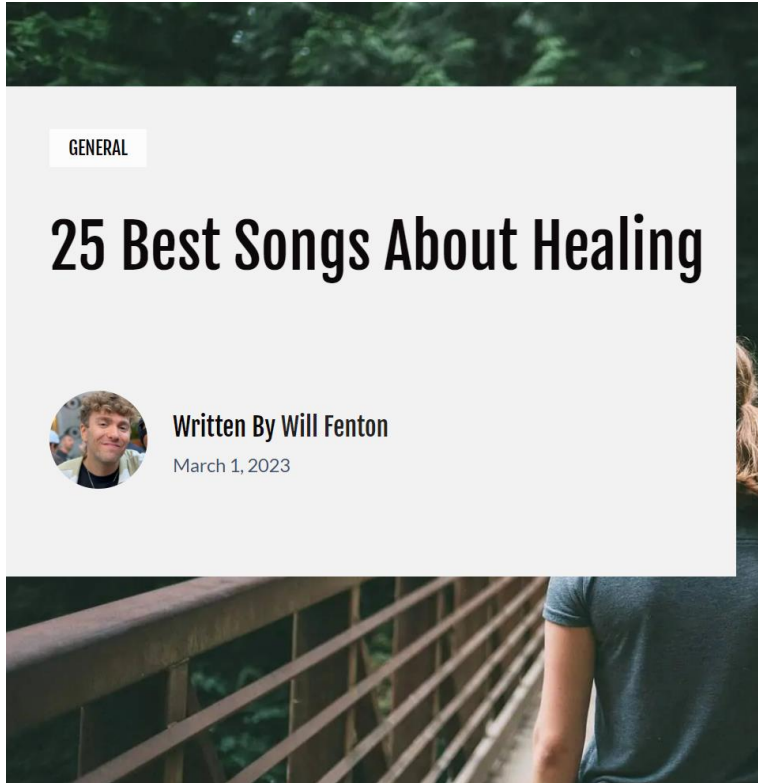
# Red is for Life



Click on the picture of The Mr Men to listen to their stories.

- Traditionally, the colour red in the rainbow represents life.
- Do you remember the first story that you were told? The first that made you see the world differently? The first that you read over and over again?
- **The Red Reading Challenge is to re-read some of your own childhood favourites or talk to family and friends about books that they read as children.**
- Click on the picture of the Mr Men to listen and watch some of their stories.

[https://www.google.com/search?q=mr+men&source=lmns&tbm=vid&bih=766&biw=913&rlz=1C1GCEJenGB999GB999&hl=en-GB&sa=X&ved=2ahUKewjZ7Pr5y7-AhWVkcCHSySBdIQ\\_AUoAnoECAEQAg&safe=active&ssui=on#fpstate=ive&vld=cid:7c18daf1,vid:M2D1fDISP\\_Y](https://www.google.com/search?q=mr+men&source=lmns&tbm=vid&bih=766&biw=913&rlz=1C1GCEJenGB999GB999&hl=en-GB&sa=X&ved=2ahUKewjZ7Pr5y7-AhWVkcCHSySBdIQ_AUoAnoECAEQAg&safe=active&ssui=on#fpstate=ive&vld=cid:7c18daf1,vid:M2D1fDISP_Y)



# Orange is for Healing

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- Traditionally, the colour orange in the rainbow is a reminder of the importance of healing.
- The Orange Reading Challenge is to find and read the lyrics to a song about healing. You may want to go even further and create your own playlist for well-being.

Here is a link to a website that has some ideas: <https://middermusic.com/songs-about-healing/>



# Yellow is for the Sun

**Traditionally, the colour yellow in the rainbow is simply a symbol of the sun.**

**The Yellow Reading Challenge is to take a photo of yourself reading in the summer sunshine.**



# Green is for Nature

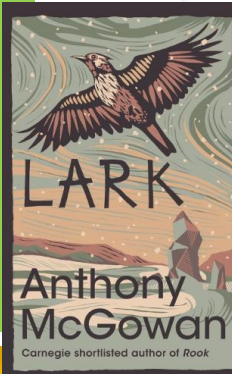
- Traditionally, the colour green in the rainbow is a reminder of the power, beauty and importance of nature.
- The Green Reading Challenge is to read a fiction, non-fiction or poetry collection about the environment.
- Google 'eco books for teens uk' for lots of choices of books to read or choose one from of our recommendations.

**GRETA  
THUNBERG**

NO ONE  
IS TOO SMALL  
TO MAKE  
A DIFFERENCE

Greta Thunberg is a Swedish environmental activist who has gained international recognition for promoting the view that humanity is facing an existential crisis arising from climate change.

Anthony McGowan is a multi-award-winning author of books for adults, teenagers and younger children. He has a life-long obsession with the natural world, and has travelled widely to study and observe it. He has also written feature articles and travel journalism for The Times, Guardian, Daily Telegraph, Evening Standard and Mail on Sunday. His latest book 'Lark' the fourth in the 'Brock' series has just won the 2020 Carnegie Award.





## Blue is for Art

Traditionally, the colour blue in the rainbow represents art.

- Books have often inspired people working in lots of different art forms from paintings of characters and scenes from books, to film adaptations of comics and novels and favourite childhood stories, to song lyrics and musicals and operas and ballets to name just a few.
- The Blue Reading Challenge is to create your own piece of art inspired by something you read. You could illustrate a poem, paint a scene, compose a song, create a scratch animation- the choice is yours.
- Alternatively, why not read the original of a piece of book inspired film art. For example: DC Marvel comics, The Secret Garden, Harry Potter Series or research paintings that have been inspired by books and poetry. The paintings opposite are by John Waterhouse depicting the character of Ophelia from Shakespeare's tragedy 'Hamlet'.



# Indigo is for Harmony



Traditionally, the colour indigo in the rainbow represents harmony.

In harmony with the Black Lives Matter movement, The National Literacy Trust has brought together a series of book lists for children and young people of all ages to share black stories and promote black voices.

All books featured in the book lists are by black authors and/or illustrators and exemplify the principles of the Black Lives Matter movement.

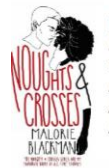
The age-appropriate book lists have been curated to help children, young people, families and teachers explore race, identity, family and community.

The Indigo Reading Challenge is to read a book from the list.

There are 3 lists available- Ages 9-12; Ages 13-16; Ages 16 and above.

<https://literacytrust.org.uk/resources/black-lives-matter-book-lists-ages-0-16/>

## Book list for ages 13-16



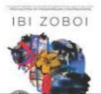
**Noughts & Crosses**  
Author: Malorie Blackman  
Publisher: Penguin  
Age: 11+  
Also available as an ebook,  
Audio CD and audiobook



**Slay**  
Author: Brittney Morris  
Publisher: Hachette  
Age: 13+  
Also available as an  
ebook and audiobook



**How High The Moon**  
Author: Karyn Parsons  
Publisher: Penguin  
Age: 13+



**American Street**  
Author: Ibi Zoboi  
Publisher: HarperCollins  
Age: 13+

# Violet is for Spirit

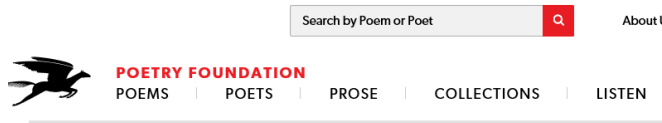
**Traditionally, the colour violet in the rainbow represents spirit and well-being.**

<https://reading-well.org.uk>

Reading Well supports you to understand and manage your health and wellbeing using helpful reading. The books are all recommended by health experts, as well as people with lived experience of the conditions and topics covered and their relatives and carers. It has a dedicated 'Young people's mental health' section as well as links to local library resources.

*'It beats like a heart, soothes emotional wounds, and builds life-giving connections.'* Rafael Campo, physician, former Harvard University teacher and award-winning author, prescribes poetry for students, patients, and doctors.

**The Violet Reading Challenge is to read a book as recommended by The Reading Well Website or read a poem a day for a week.** Find your own poetry collections or visit <https://www.poetryfoundation.org/poems/poem-of-the-day> for your daily poem.



## Poem of the Day

### Dog Days of Summer

BY MEENA ALEXANDER

In the dog days of summer as muslin curls on its own heat  
And crickets cry in the black walnut tree

The wind lifts up my life  
And sets it some distance from where it was.