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NOA Vision

To be an academy where students receive a world class education in character and academics leading to happiness and fulfilment in life.

01 PHSCE Topics Term 1

Year 7	Transition and Healthy Choices
Year 8	Healthy Lifestyles and First Aid
Year 9	Equality and Diversity
Year 10	Managing Money, gambling and online risks
Year 11	Use Tutor time to focus on English/maths and GCSE subject revision and coursework catch up
Year 12	VESPA
Year 13	UCAS Applications

Link to Curriculum Maps [here](#).

02 Extended Tutor Time Friday 20 October

- Year 7 Will have a presentation by Beckie Breakwell from 'What's the Debate?' on Online Behaviour. Banter and sharing images.
- Year 8 Will have a presentation by Beckie Breakwell from 'What's the Debate?' on Online Behaviour. Banter and sharing images.
- Year 9 Will participate in an online interactive workshop provided by BOLD VOICES to explore Gender Inequality. This will be followed by a presentation by Beckie Breakwell from 'What's the Debate?' on Relationships and Sex Education.
- Year 10 Will participate in an online interactive workshop provided by BOLD VOICES to explore Gender Inequality. This will be followed by a presentation on Relationships and Sex Education by Libby Flenley from The Sex, Lies and Love Project.
- Year 12 Will have a carousel of four speakers on a range of topics including ableism, feminism, misogyny, pleasure, men's mental health and body positivity. Y12 will be invited to vote on which topics they would find most beneficial.
- The Sex, Lies and Love Project link:
www.thesexliesandloveproject.co.uk
- What's the Debate link:
www.whatsthedebate.co.uk
- BOLD VOICES link:
www.boldvoices.co.uk

03 I can and I am James Shone - Year 7

James Shone shares a truly inspiring story to help us all understand how best to respond to setbacks, anxiety, and general lack of self-esteem. His relevant, challenging, and amusing talks take a look at life in education today with advice on how best to navigate the challenges that might be faced.



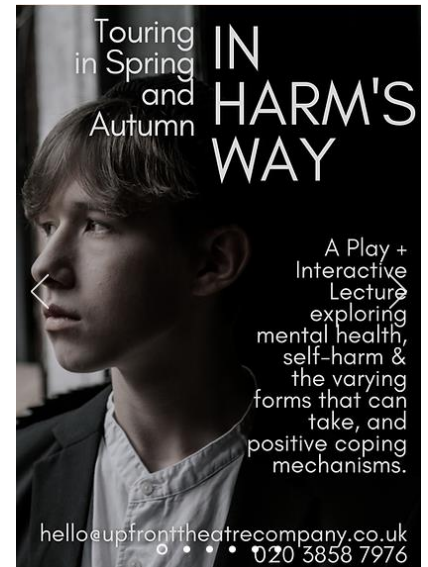
Read about James' story by clicking the link:

[James Shone's Story](#)



04 In Harm's Way Up Front Theatre - Year 8

We all have mental health in the same way we have physical health, but sometimes it is not an easy subject to talk about with young people. With 1 in 4 people in the UK suffering from a mental health condition in their lifetime, it is something we must talk about.



Statistics show that 1 in 4 adults will suffer from a mental health condition in their lifetime, 1 in 10 young people; and 50% of mental health conditions are established by 14 years old.

[In Harm's Way Link](#)

05 Support and Advice

Young Minds www.youngminds.org.uk

MIND: www.mind.org.uk

Harmless www.harmless.org.uk

Anna Freud www.annafreud.org

Talk to Frank www.talktofrank.com

Drink Aware <https://www.drinkaware.co.uk>

CEOP: www.ceop.police.uk/Safety-Centre

The Ben Kinsella

Charity: www.benkinsella.org.uk



WORK
HARD



BE
KIND



DEVELOP YOUR
WHOLE SELF

North Oxfordshire Academy

Personal Development PHSCE @ NOA

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06 Term 1 2023 Tutor Time Reading Programme TTRP

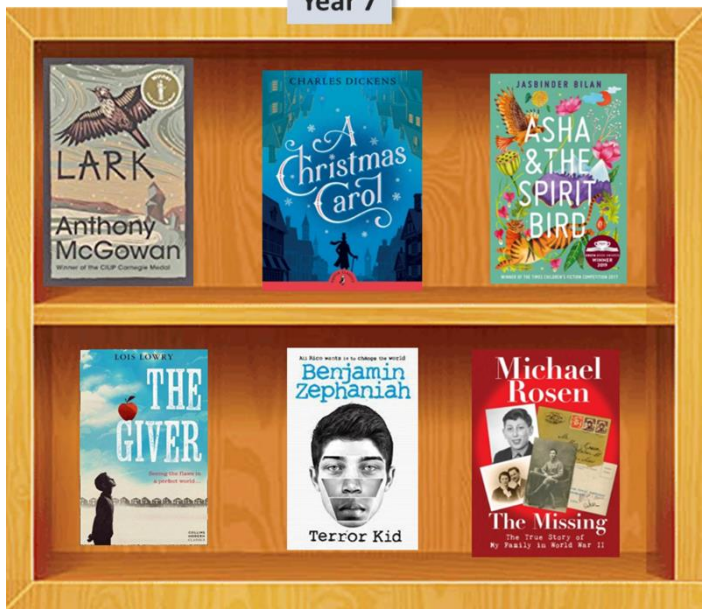
Year 7

The Lark by Anthony McGowan

Synopsis

Things are getting tense at home for Nicky and Kenny as they wait for a visit from their estranged mum. To escape, they go for a walk on the moors, taking their little Jack Russell terrier with them. But what should have been a laugh, a lark, turns deadly when the weather changes and they are caught in a blizzard. Nothing will ever be quite the same again...

Year 7



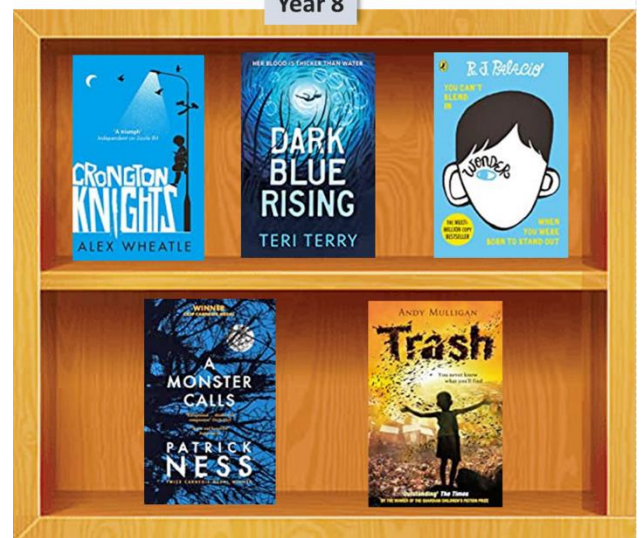
Year 8

Crongton Nights by Alex Wheatle

Synopsis

Living on the South Crongton council estate has its worries - and life for McKay has been even tougher since his mum died. His dad has been working all hours to keep the bailiffs from their door. His brother is always out riding the streets at night, tempting trouble. And now, having strayed off his turf on a 'heroic' (if misguided) mission to help out a girl, McKay finds himself facing a friend's crazy ex-boyfriend, some power-tripping hood-rats *and* a notoriously violent gangster with a vendetta which hits too close to home. Poor McKay. He never asked for trouble... But during one madcap night of adventure and danger, he will find out who his true friends are and what it means to stick with your family.

Year 8



Year 9

Noughts and Crosses by Malorie Blackman

Synopsis

Noughts & Crosses follows the doomed love story of Sephy and Callum, two teenagers kept apart by bigotry, terrorism and injustice. Sephy is the Deputy Prime Minister's daughter from the powerful black ruling class, the Crosses, who falls for rebel Callum, a Nought, a white member of the underclass and the son of an undesirable agitator. The two have been friends since early childhood but their relationship grows ever more complicated as they come of age.



Year 10

The Hate U Give by Angie Thomas

Synopsis

Starr Carter is constantly switching between two worlds -- the poor, mostly black neighbourhood where she lives and the wealthy, mostly white prep school that she attends. The uneasy balance between these worlds is soon shattered when she witnesses the fatal shooting of her childhood best friend at the hands of a police officer. Facing pressure from all sides of the community, Starr must find her voice and decide to stand up for what's right.

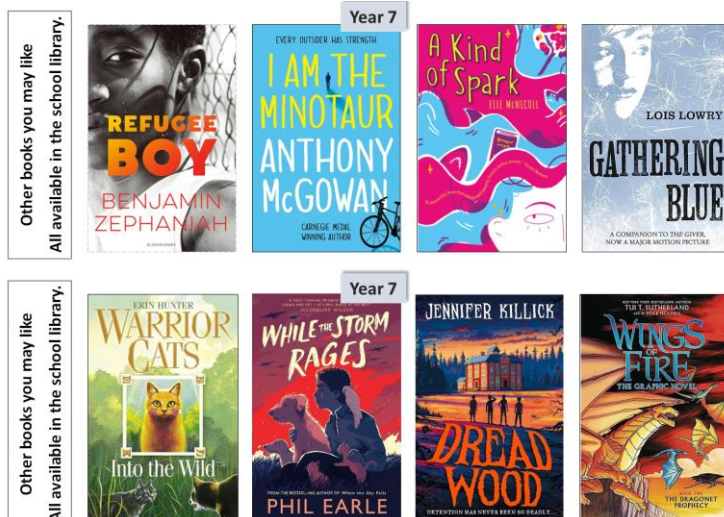


Personal Development PHSCE @ NOA

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Further Reading Suggestions

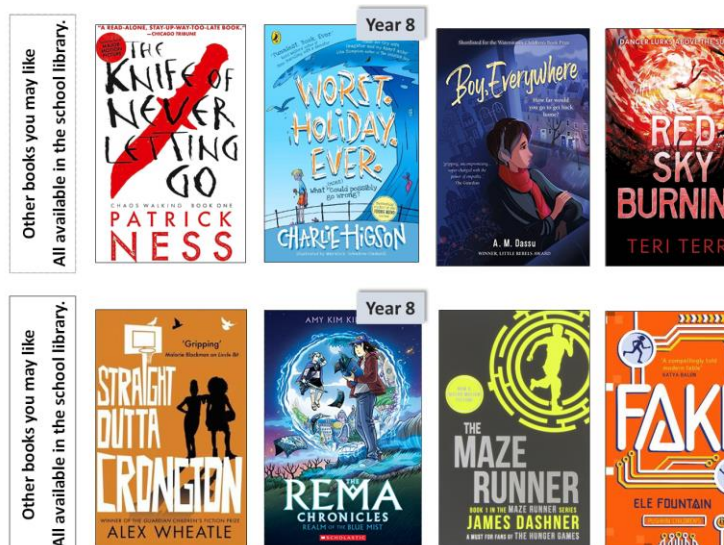
Year 7



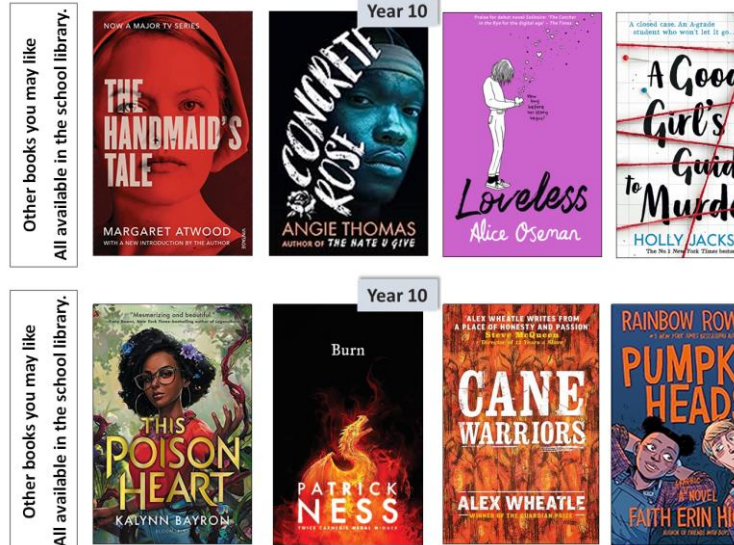
Year 9



Year 8



Year 10



07 Careers and Unifrog

Unifrog is a one-stop careers platform. You can create your own parent account using the code NOXFparent.

Start helping your child with their career searching today:

1. Complete Unifrog quizzes and look at the career matches. Hit the heart button to pin favourites.
2. Search for careers via subjects.
3. Search for a career you know, then look at all the careers that they suggest are similar as this will broaden your possible choices.
4. Ask your child's Tutor or Mrs Mainwaring to help.

... more information for Parents

Did you know that on the NOA website, under Careers, there is a special parent page. Check it out!

Options Post 16 Video Clip:

[Talking Futures Options for Post 16](#)

Amazing Apprenticeships:

www.amazingapprenticeships.com/workshops-webinars

Talking Futures for Parents:

www.talkingfutures.org.uk/pathways

Unifrog: www.unifrog.org

Unifrog Quizzes

Quick task: Reviewing your Quiz profile

In this 15 minute 'quick task' session which requires student internet access, students will be shown how to access and use their Quiz profile. To access their Quiz profile, students need to have completed at least one of the following: skills quiz, skills test, interests quiz, personality quiz, or work environments quiz.

Click the link: [Unifrog Quizzes Review your Profile](#)

Quick task: Taking the Personality profile quiz

In this 15 minute 'quick task' session which requires student internet access, students will be shown how to take the Personality profile quiz.

Click the link: [Unifrog Personality Quiz](#)

Quick task: Taking the Interests profile quiz

In this 15 minute 'quick task' session which requires student internet access, students will be shown how to take the Interests profile quiz.

Click the link: [Unifrog Interests Quiz](#)

Quick task: Taking the Skills profile quiz

In this 15 minute 'quick task' session which requires student internet access, students will be shown how to take the Skills profile quiz.

Click the link: [Unifrog Skills Quiz](#)