



## Department Staffing

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**Louise Callow: PE teacher**  
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**Laura Hemmings: PE teacher**  
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**Samantha Emsley: Dance/ PE teacher**  
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**Dave Allen: PE teacher**  
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**Rufus Brevett: PE teacher**  
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**Alexandra Wilkinson: PE teacher**  
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## Our Aims

We aim to develop student interest and engagement in Physical Education, Sport and Health. Students are encouraged to participate enthusiastically in a range of sports and physical activities that develop their leadership, practical skill, cognitive thinking, social skills and understanding of health.

## Department Information

The PE department currently consists of seven members of staff including ex-Premier League footballer Rufus Brevett. Our extensive facilities include a sports hall, gym, fitness suite, athletics track, floodlit netball courts, AstroTurf pitch, rugby pitch, three rounders pitches and three full sized football pitches with two additional 9v9 junior sized football pitches.

## PE Key Stage 3



At North Oxfordshire Academy, the aim is to provide students with a range of different sporting activities to engage all. From this, we look for them to acquire and develop practical skills while improving confidence in their own leadership. When pupils enter the school in Year 7, they are put into ability groups and setting is used through the remainder of Key Stage 3.

The syllabus is led by the New National Curriculum and KPI statements. Pupils are taught to develop practical performance, observation analysis and teamwork skills over a broad range of physical activities. The emphasis is on developing practical skills, decision-making and tactics as well as the ability to assess strengths and weaknesses of performances. Pupils are encouraged to work in teams and take the lead on different tasks to promote a supportive environment where all can achieve.

### Key Stage 3 Programme of Study

Invasion Games	Striking and Fielding	Athletics and Fitness	Performance	Net and Wall
Rugby	Cricket	Track Events	Gymnastics	Badminton
Football	Rounders	Field Events	Dance	Tennis
Netball	Softball	Fitness Testing	Parkor	Volleyball
Hockey		Health and Related Fitness	Trampolining	
Basketball		Cross Country		
Handball				

## Extra-Curricular Opportunities

Here at North Oxfordshire Academy we promote the values of the school games. As a member of the North Oxfordshire Partnership we are committed to providing our students with the opportunities to compete in competitive activities.

The Department offers a range of lunchtime and after school clubs that are open to all to attend. These often flow with the sporting seasons and cover a range of different activities. Lunch clubs are offered by staff from a Monday to Friday and are open to all KS3 year groups. Our afterschool programme consists of training and fixtures held on Tuesdays, Wednesdays and Thursdays.



## PE Key Stage 4



The new 1-9 GCSE PE full course is a pathway available to students from in 2016. We aim to develop our GCSE PE students to become critical analysers and varied sportsmen and women. This course is assessed with 60% of the overall mark split between 2 exams. (Fitness and Body Systems/Health and Performance) The final 40% is split between practical assessment in 3 sporting activities and a personal exercise programme.

BTEC Sport is also offered as a pathway by the sports department. This is coursework based and allows students to develop their knowledge over time through investigations. This supports students who are interested in sport who have practical limitations to be able to access this subject. This course is assessed in four units. Practice Sports Performance, Leading Sports Activities and Fitness Programme Design are course work units totalling 75% and Fitness Training for Sport and Exercise is an external exam unit equalling 25%. Current Year 10 and 11.

In Core PE we look to provide students with a varied sporting programme with a higher emphasis on students supporting their own and others development in practical skills, decision making and tactics. Pupils are encouraged to work in teams and take the lead on different tasks to promote a supportive environment where all can achieve. In years 10 and 11 students have the opportunity to take ownership of different sports through or sport education package.

## Key Stage 4 Programme of Study Core PE

Invasion Games	Striking and Fielding	Athletics and Fitness	Performance	Net and Wall
Rugby	Cricket	Track Events	Gymnastics	Badminton
Football	Rounders	Field Events	Dance	Tennis
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## Useful Websites

GCSE Bitesize PE - <http://www.bbc.co.uk/education/subjects/znyb4wx>

Brian Mac Sports Coach - <https://www.brianmac.co.uk/>

GCSE Revision in a Flash – <http://www.FlashRevision.com>

My PE Exam – <http://www.mypeexam.org>

## Key Stage 5 Sports & PE



Level 3 BTEC Sport subsidiary diploma is our qualification offer in KS5. UCAS points range from 70 (Pass) to 140 (Distinction\*). This course is rounded to suit a variety of future goals for our students and develop understanding in the areas of fitness, coaching, physiology and practical sports. Our Aim is to develop the student's independence skills to prepare them for the demands of university life. As well as this we look to open possible pathways to a variety of different careers in the sports industry. The course is split into 7 units over the two years and is 100% coursework based. Current year 13.

Level 3 BTEC Nationals is the new offer from 2016. This course equates to a full A level. Our Aim is to develop the student's independence skills to prepare them for the demands of university life. As well as this we look to open possible pathways to a variety of different careers in the sports industry. The course structure is a four unit based course with is 50% externally assessed and 50% internally assessed through coursework. The externally assessed units are one examination unit covering anatomy and physiology and one controlled assessment on fitness training and programming. Current year 12.

Exclusive in North Oxfordshire is our Football Elite programme. This is headed by our Football Academy director Rufus Brevett ex-premiership professional with football West Ham, QPR and Fulham. This programme offers exposure to elite academies with professional clubs as well as high quality coaching Rufus provides. The side competes in all national and county competitions and last year cohort reached the last 64 of the national cup and are county league champions. This programme allows talented footballers with a desire to pursue the professional game a chance to do so while gaining a high quality sixth form package at NOA. We compete yearly in the school games cross country championship and are reigning North Oxfordshire Champions.



## **Independent Study Expectations**

For Sport we have an expectation that our students use study time to complete assignments and research to supplement in class learning.

For the Football Elite Programme our view is that you commit to a lifestyle of a high performance athlete. Outside of the programme there is a demand that you have high expectations towards your nutrition intake and complete extra fitness work. This will ensure you meet the demands expected for an elite performer.

## **What will you need to study this course?**

To study Level 3 Sport, you will need a minimum of grade C in GCSE English, Maths or GCSE PE. If you have studied BTEC Sport at level 2 you will need a merit level qualification.